

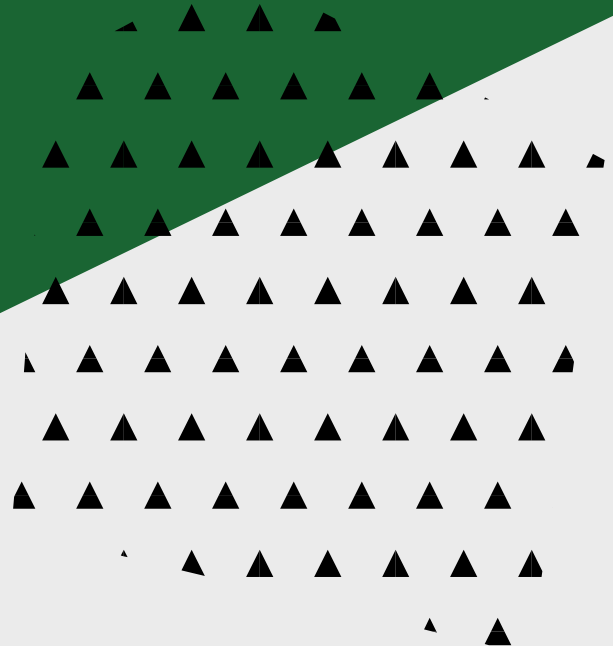


Unlocking Potential



UP's Weekly
Transition activity

06.07.20





Unlocking Potential

Remembering School

This is your final week of Transition activities and you are going to take a magical memory ride through all the best bits of primary school. For this activity, you simply fill in the blanks and create your very own personal Primary schools story. Take your time as you think about the answers. Think back and see if you can remember what it felt like on your first day of school? Can you remember being the youngest in the playground? Think about all the special people you have met and who have cared about you. Make sure to remember all the people in the school, from office staff, to your Head teacher to the music teacher.

My Primary school is called _____ and I started there when I was ___ years old. I was in Year _____.

My best friends name was _____, we loved to spend our time _____.

I remember my first teacher _____ they were really _____ I've been in _____ classes and had _____ teachers.

Out of all of these teachers the funniest one was _____, the strictest one was _____ and the kindest one was _____.

There have been lots of great trips in primary school, the best one was to _____, because _____.

I have had some really good times in primary school, one of my favourite things to do is _____.

At break there are lots of adults who look after us, some of the kindest were _____ and _____.

There are lots of grown ups who take care of me, who help me when Im having a tough time. If I felt sad or worried I would go to _____.

The best thing about my primary school is _____.



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Saying Goodbye.

It can be really hard to say goodbye and when you leave Primary school there may be quite a lot of Goodbyes. Sometimes taking a few quiet moments to think about all the special people you met and what made them so special to you is a great way to start the Goodbye process.



Spend 5 minutes thinking through each year that you have been in Primary school. Think about each teacher you had and each TA who supported you. Remember the other special adults in the school; the office staff, the lunch staff, your Head Teacher and Deputies. Think about the other adults in the school, perhaps they taught you a special subject or they helped you with your feelings and friendships. Take a moment to think about them. Do you know which ones you would most like to say goodbye to?

This activity is simple, make some Goodbye cards for the people who stick out to you when you remember Primary school. You can decorate the card any way you like, perhaps you have a special picture you always like to draw, maybe you want to draw a picture of you and them together. The only rule is that you use this template to guide your writing. If you want to add more in then that's great, don't hold back! It might be hard to write something down, don't worry if you want to keep it simple. All that matters is that it comes from your heart.



Dear _____

Thank you for _____.

My favourite memory of you in primary school is _____.

From _____



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Big Secondary Quiz

The time has come to take this quiz one last time. Think back over the last few weeks of activities. Think about what you have learnt. Some things we might have taught you and somethings you have learnt for yourself. However you got there, we are certain you are now closer to being a Y7 superstar!

There are 3 sections to this quiz. True or false, thumbs up or thumbs down and the Year 6 challenge.

True or False?!

- 1) Everyone will be at least a little bit nervous. ----- True or False
- 2) The bigger kids will be waiting to tease you. ----- True or False
- 3) Its Pizza for lunch every day. ----- True or False
- 4) Your teacher is out to get you. ----- True or False
- 5) There will be more homework than you can ever do. ----- True or False
- 6) You will make brilliant new friends. ----- True or False

Give each of these situations a **thumbs up** for if you are feeling cool as a cucumber about it or a **thumbs down** if you are feeling a bit wobbly about it.

Getting lost.

Missing old friends.

Detentions.

New teachers.

New friends.



Being bullied.

Having more responsibility.

Learning new subjects.

School dinners.

Travelling to school.

Here's the **Year 6 Challenge**; see if you can list 7 things you will need to do to make sure when you reach Year 7 your school days always run smoothly. Here's a little clue, somethings you might need to the night before.



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BUNTING

Congratulations, you are now ready for secondary school and its time to celebrate. You might not be able to be with all your classmates but that doesn't mean you can't have a party of your own. Use this to make your own bunting to decorate your party. It's super simple and super fun.



Fold...

Copy this bunting template on to some paper, you can use any colour, even scrap paper. Simply cut out the shape and fold along the line. Then wrap it over some string, tape it on and hang!

Make as many as you like and colour them with things that remind you of primary school. Perhaps your school colours, perhaps each of your classmates or you could spell out your school's name!



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**Congratulations
you are officially ready for Y7!**

**CERTIFICATE OF
EXCELLENCE**

is hereby granted to:

**WHO HAS COMPLETED THEIR YEAR 6 TRANSITION
WORKSHOPS**

AND

SHOWN THEMSELVES TO BE AN IMPORTANT MEMBER OF

-----**CLASS**

BY BEING-----.

Awarded by-----

On behalf of-----

and

